

## Healthcare employer reduces average duration of absences and improves outcomes by utilizing evidence-based guidelines













MDGuidelines helps drive **21% reduction** in lost work days

### Decrease absence duration to improve the employee experience

When employees lack appropriate care and treatment, the duration of absences can quickly escalate. The longer an employee is away from work, the larger the cost impact to the employer. This is where duration guidelines can help.

Using evidence-based guidelines in case management can significantly improve absence duration by providing standardized, research-backed protocols for managing various conditions. By integrating these guidelines, case managers can make more informed decisions, resulting in faster recovery and reduced short-term disability durations.

### Evidence-based guidelines improve outcomes for both employers and their employees

Primary diagnostic category	Healthcare employer claims managed with MDGuidelines	Population claims not managed with MDGuidelines
 Mental health	 53 days	 85 days
 Musculoskeletal system	 67 days	 87 days
 Digestive system	 36 days	 44 days
 Circulatory system	 70 days	 81 days

Data displays average absence duration in 2023.



### Evidence-based guidelines improve outcomes for both employers and their employees

By integrating evidence-based guidelines into your case management tools and processes, you can drive shorter durations and better outcomes for your employees.

A healthcare company with 10,000+ employees benefited from decreased duration on their claims managed with the use of MDGuidelines:



Mental health claims had **38%** less days lost



Musculoskeletal claims had **23%** less days lost



Total average days lost were **11.7 days less** compared to claims not medically managed with MDGuidelines

## Reduce the total cost of absence and give meaningful support to your people

Your case managers don't need medical degrees to manage employee absence appropriately. MDGuidelines gives you reliable duration information for optimal return-to-work estimates that reduce the cost of employee absence and give your people the meaningful, compassionate support they need.

## Measure better to improve more

Evidence-based guidelines reduce absence durations through:



Consistency and standardization



Optimized care pathways



Timely interventions



Resource utilization



Monitoring and adjustment



Communication and coordination

For more than 30 years, MDGuidelines has provided quality, dependable clinical decision support. Our health and productivity solutions have been the first choice of leaders seeking guidelines for occupational health since 1991.

Today, lost productivity due to injury and illness costs U.S. employers more than \$530 billion per year. Research indicates that returning to activity after an injury or illness benefits both the physical and mental health of individuals while providing improved productivity and healthcare savings for employers.

**Implement evidence-based guidelines today**

**MDGuidelines®**

