

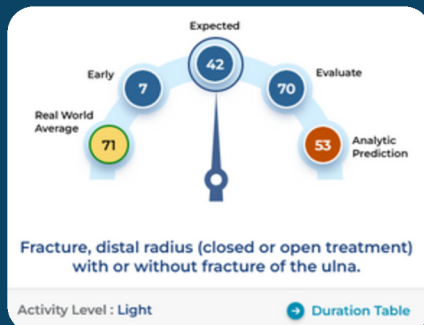
Manage complex cases with MDGuidelines

Nurse Sammie uses MDGuidelines to help her patient Jess with a mild traumatic brain injury (TBI) and distal radius fracture. Jess has hypertension and depression and is having a hard time with self-care and ongoing headaches. She has been absent from work for 2 weeks.

Is the diagnosis and treatment correct?

Solution: MDGuidelines® Health Advisor™

Sammie uses Health Advisor™ to confirm the tests and treatments that are appropriate for Jess. She also reviews common reasons why people fail to recover within the expected time frame and reads that depression may impact Jess's recovery.



When is a return to usual activities expected?

Solution: MDGuidelines® Durations tool

Sammie looks up the expected recovery durations and learns that Jess should feel better from the mild TBI at about 14 days, and around 42 days from her wrist fracture.

Using Jess's age, sex, and comorbidities, the Analytic Prediction shows that if this case is still open after 57 days, Sammie should check in on Jess's recovery.

Are work restrictions or accommodations available?

Solution: MDGuidelines® Health Advisor™

The *Ability to Work* section of Health Advisor™ describes transitional activity ideas to bring up with Jess's employer. Sammie advises that it may help Jess manage her depression and feel less isolated if she can return to work in some capacity during her recovery.